

AI Literacy Kick-Off

A Hands-On Introduction

Find out more at <https://unstuckbox.com/products/ai-clarity>.

Welcome!



Introduce

Build shared AI vocabulary of important concepts and risks



Experiment

Hands-on practice with common AI tools

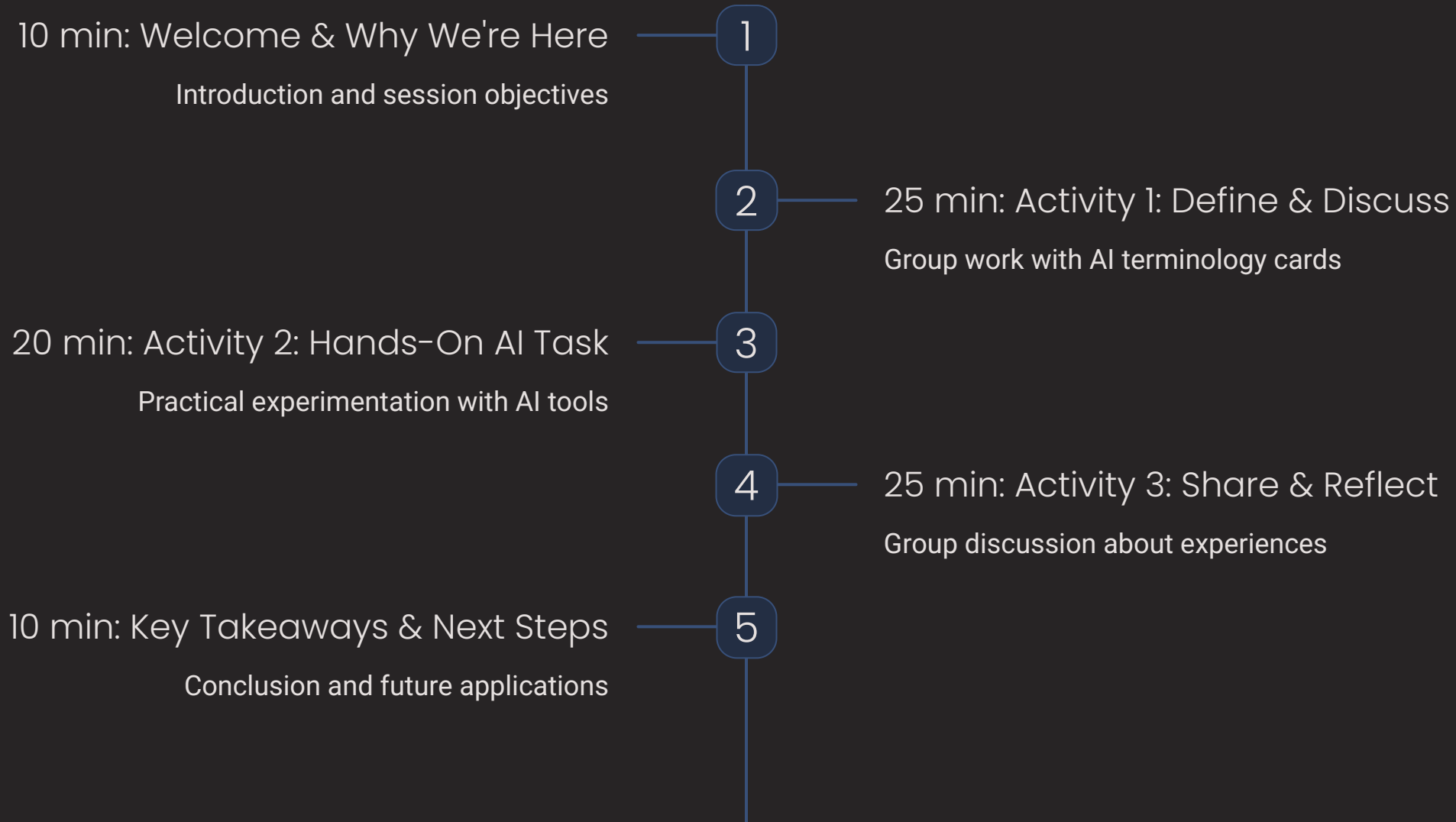


Reflect

Discuss experiences and broader implications



Our Plan for the Session



A Safe Space for Learning

- Everyone is at a different level. And that's perfectly okay.
- You may know one type of AI, but not another. (e.g., familiar with Netflix recommendations, but new to ChatGPT).
- This is a judgment-free zone. Be curious, ask questions, and respect everyone's learning journey. There are no 'silly' questions.
- AI is constantly evolving. Our goal today is to build a foundation, not to know everything!

From Theory to Everyday Reality

1950s: The "Thinking Machine"

Alan Turing proposes the Turing Test, asking if machines can think.

2010s: Neural Networks

Deep learning mimics the human brain to recognise patterns in images and speech.

1

2

3

4

1980s: Machine Learning

Computers begin learning from data without explicit programming.

2017–Today: Transformers & Generative AI

New architecture enables AI to create content, powering tools like ChatGPT and Gemini.

We're at an AI inflection point. What was once theoretical has become everyday reality, accessible to everyone. This shift makes AI literacy essential for all of us.

The Most Profound Technology Humanity is Working On

AI is probably the most important thing humanity has ever worked on. I think of it as something more profound than electricity or fire.

- Sundar Pichai, CEO of Google

Generative AI's impact on productivity could add trillions of dollars in value to the global economy.

- McKinsey Global Institute

The age of AI is upon us... Companies that embrace it will pull ahead. Those that don't, risk being left behind.

- Bill Gates

This AI revolution is not made up. It's not overhyped. I guarantee you're going to start seeing shifts in white-collar work as a consequence of what these AI models can do.

- Barack Obama

These industry leaders highlight why AI literacy isn't optional—it's essential for navigating our rapidly transforming world.

Activity 1: Building Our Vocabulary

Form Groups

Small teams of 3-4 people

Get Your Cards

1-2 Glossary + 1 Safeguarding per group

Discuss (15 min)

Define terms, explain concepts, find examples

Prepare to Share

1-minute summary for the room



Our Workshop Tool – The Unstuck Box®



Glossary Cards

Define key AI terms and concepts



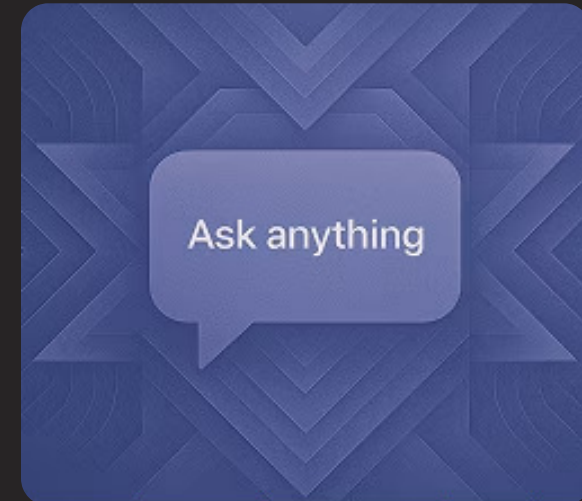
Safeguarding Concept Cards

Introduce ethical AI use principles



Exposure Cards

Simple, hands-on AI tasks to try





What Did We Learn?

Group Presentations

Each team shares their terms and key insights

Connections?

Can you spot any patterns between concepts?

Activity 2: Time to Get Hands-On!

Instructions:

- Take one Exposure card
- Open AI tool (ChatGPT/Gemini)
- Complete task (10 min)
- Take notes on experience

Reflection Questions:

- Experience impressions?
- Results meet expectations?
- Any surprises?

No pressure - experiment freely!

As You Experiment, Keep in Mind...

1 Privacy & Data Security

Do NOT use real personal, confidential, or client data.

2 Bias & Fairness

What can you see in the output? Does it show any stereotypes or assumptions?

3 Misinformation

Could the information be inaccurate or made up? Can you check the sources?

4 Accountability

Remember, you are responsible for the final output.
Always review and edit.

5 Intellectual Property

Who owns the input and the output here? Consider:
If you were to use the output, would there be legal questions?

Activity 3: Group Discussion



Share Tasks

What AI prompt did you try?



Surprises

What unexpected things happened?



Safety Connection

Did you spot any links to the earlier safeguarding concepts?



New Questions

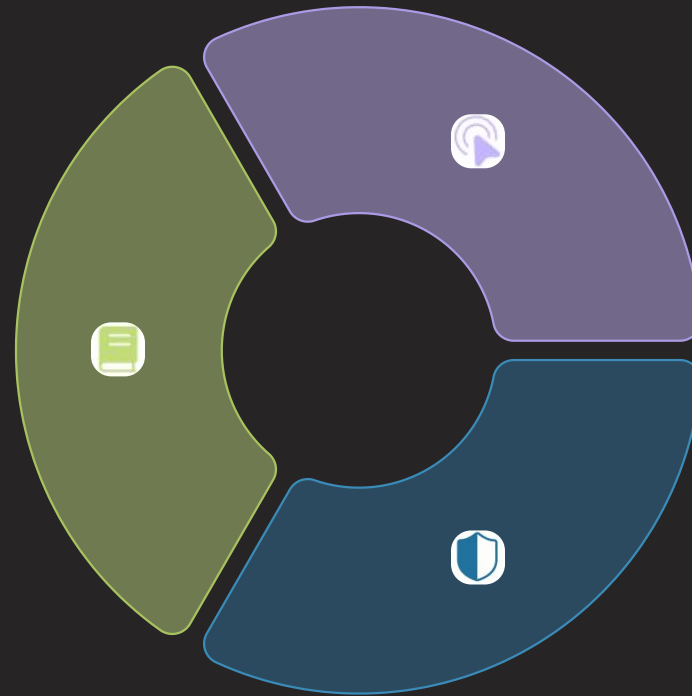
What are you curious about now?



What We Achieved Today

Common Language

Began to develop our shared vocabulary for discussing AI



Demystified AI

Successful hands-on tool experience

Raised Awareness

Started a conversation about AI risk

Your AI Journey Continues



Keep Experimenting

Use tools for simple, low-stakes tasks



Stay Curious

Ask questions whenever they arise



Additional Resources

Visit unstuckbox.com for more